Budgeting worksheet

It's important to understand how you spend and save your money. Take the budgeting challenge by completing the worksheet below. Enter what you think you spend and then track your actual spend to discover the difference. You might be surprised by how much you are spending on certain things.

Monthly budget

Use this worksheet to help you evaluate your income and expenses



	Monthly Monthly
Housing:	Insurance:
Mortgage/Rent	Life
Gas	Health
Electric	Disability
Water/Sewer	Debt Payments:
Taxes	Credit Cards
Phone/Internet/Cable	Student Loans
Home Maintenance	Other Debt
Insurance	Personal:
Auto:	Haircuts
Loan/Lease Payment	Laundry/Dry Cleaning
Gas	Health Club Memberships
Repairs/Maintenance	Entertainment:
Insurance	Movies/Sport Events/Recreation
Other Transportation: Bus/Train	Other Expenses:
Food:	Specify
Groceries	Total Monthly Expenses: \$
Eating Out	
Medical/Dental:	Subtract your monthly expenses from your monthly salary This is your 'discretionary income' — money you can spend on non-necessities or save.
Co-Pays	\$= \$
Prescriptions/Vitamins	Monthly Salary Monthly Expenses What's Left?
Other	I Can Save up to \$ Per Month.

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