## Budgeting worksheet

It's important to understand how you spend and save your money. Take the budgeting challenge by completing the worksheet below. Enter what you think you spend and then track your actual spend to discover the difference. You might be surprised by how much you are spending on certain things.

## Monthly budget

Use this worksheet to help you evaluate your income and expenses

| Use this workshet to help you evaluate your income and | RESET FORM |
| :---: | :---: |
| Monthly | Monthly |
| Housing: | Insurance: |
| Mortgage/Rent | Life |
| Gas | Health |
| Electric | Disability |
| Water/Sewer | Debt Payments: |
| Taxes | Credit Cards |
| Phone/Internet/Cable | Student Loans |
| Home Maintenance | Other Debt |
| Insurance | Personal: |
| Auto: | Haircuts |
| Loan/Lease Payment | Laundry/Dry Cleaning |
| Gas | Health Club Memberships |
| Repairs/Maintenance | Entertainment: |
| Insurance | Movies/Sport Events/Recreation |
| Other Transportation: Bus/Train | Other Expenses: |
|  | Specify |
| Food: |  |
| Groceries | Total Monthly Expenses: \$ 0.00 |
| Eating Out | Subtract your monthly expenses from your monthly salary |
| Medical/Dental: <br> Co-Pays | This is your 'discretionary income' - money you can spend on non-necessities or save. |
| Prescriptions/Vitamins | $\qquad$ |
| Other | \| Can Save up to \$__Per Month. |

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